



KHIZAR HAYAT

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🌐 Khizar Hayat (LinkedIn)

📍 Building 287, Road 3107,
Block 931. Bahrain

SOFT SKILLS

- Leadership
- Communication Skill
- Problem Solving
- Interpersonal Skills
- Conflict Resolution
- Adaptability & Resilience

HARD SKILLS

- Process Safety
- Construction Safety
- Risk Assessment
- Accident/ Incident Investigation
- HSE Plan preparation
- Emergency Management
- Reports trend/ gap analysis
- PPE asset management
- Enforced related laws & regulations
- Preparation of safety procedures
- Awareness & trainings
- Hazardous Material
- PTW
- Electrical Safety
- Lifting Operations

COMPUTER PROFICIENCY

- MS Word
- MS Excel
- MS Power Point
- MS Outlook

PROFESSIONAL SUMMARY

Enthusiastic HSE with 14+ years of experience. Secures team success through hard work, attention to detail and excellent organization. Shares HSE technical knowledge to achieve results. Focused HSE with impressive track record in collaborative, cross-functional teamwork within high-pressure environments. Adept at project planning and managing multiple tasks.

EXPERIENCE HISTORY

1. HSE ADVISOR (TDE EPC Contractor) Bahrain

May 2021 – Current

- Bapco Energies formerly (Tatweer Petroleum)
Provision of Gas Compression Services Phase # 5

2. HSE LEAD (MCSC) Bahrain

December 2015- May 2021

- CGDUF (Construction) (Petrofac) Tatweer
- Tatweer Petroleum Provision of RCS Phase # 5 & GCS
- (BIA) Bahrain International Airport Modernization Project.
- (GPIC methanol tank shutdown project) petrochemical plant.
- ALBA Line 6 (BECHTEL USA) (Construction) project Bahrain
- JGC gas pipeline project in Tatweer field
- BANAGAS shutdown
- GCS, Tatweer Petroleum project
- BANAGAS Shutdown

3. HSE OFFICER (XMAS TREE)

Kingdom Of Saudi Arabia

February 2013- October 2015

Petrokemya SABIC

- Maintenance of acid lines and storage
- Maintenance of absorber towers & columns

4. HSE OFFICER

Pakistan March 2008 – Dec 2009

Islamabad Feeds

EDUCATION

- **Bachelor of Commerce** from GC University Faisalabad. (Pakistan).
- **Intermediate of Computer Science** from BISE, Faisalabad (Pakistan).
- **Matriculation** from BISE, Faisalabad (Pakistan).

PROFESSIONAL QUALIFICATION

- **NEBOSH IGC 1,2,3. UK**
- **NEBOSH PSM** (Process Safety Management)
- **ISO 9001-2015 QMS Internal Auditing**
- **ISO 45001 IMS**
- **HABC Certificate**
- **FIRST AID, (CPR) COURSE** (American Heart Association)
- **Confined Space Training.**
- **Bapco Energies Certified HSE Trainer**

TRAININGS

- Hazardous Material & MSDS
- Work At Height
- Defensive Driving
- Confined Space & Rescue
- Electrical Safety
- Asbestos Handling
- Fire Fighting & Fire Alarm Systems
- Lifting Operations
- Environmental Safety
- H2S
- Emergency Handling
- Authorized Gas Tester
- Heat Stress
- Hazard Identification

LANGUAGES

- English
- Urdu
- Punjabi
- Arabic

HOBBIES

- Reading
- Travelling
- Sports

ROLES & RESPONSIBILITIES

- Ensure HSE objectives are set coupled with a plan outlining how objectives will be achieved.
- Support site supervision in planning and managing activities
- Investigating safety and environmental incidents and cases of work-related ill health
- Developing local policies and procedures and ensuring the company HSE management system is complied with
- Maintaining records and statistics pertinent to the location(s)
- Periodically review HSE performance and present statistics, reports and updates to stakeholders, some of whom may be senior
- Ensuring a suitable safety audit / inspection program is implemented
- Reviewing risk assessment/method statement (RAMS) documents
- Advising line management on HSSE related matters
- Ensure HSE training needs are identified and affectively addressed
- Develop and deliver location / contract specific HSE induction
- Assist in the delivery of HSE messages to teams including toolbox talks
- Promote the involvement in all HSE activities, initiatives and programmes
- Maintaining a HSE contract level HSSE risk register Determining ways of reducing risks
- Keeping up to date with relevant health and safety legislation & best practice ensuring the contract takes advantage of such opportunities
- Maintaining effective emergency response arrangements that are periodically tested